

NBRC Lap Pool

May 1-28

Every Wednesday: Sauna Closed 7:00-7:30PM and Hot Tub Closed 7:30-9:00PM for Cleaning							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool schedule is subject to change. Please check the bottom of the page for anticipated changes.							
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00 4 lanes open 8:00-9:00	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00	6 lanes open 6:00-7:00 D-3 Multi		
6:30am						Lap Swim	
7:00am					Lap Swim 7:00-9:00	4 lanes open 7:00-9:00 Boulder Swim	
7:30am							Lap Swim
8:00am				4 lanes open 8:00-9:00			2 lanes open 8:00-9:30 BAM
8:30am		Drop-in H20 Fit		Drop-in H20 Fit			
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ 0 Fit Lap Swim 3 lanes open 10:30-11:30 BAM Lap Swim	Lap Swim 9:00-12:00	4 lanes open 9:00-10:00 Drop-in H ₂ 0 Fit		4 lanes open 9:00-10:00	3 lanes open 9:00-11:00 Flatirons Lap Swim 11:00-1:00	
9:30am					Drop-in H ₂ 0 Fit		3 lanes open 9:30-10:30 BAM
10:00am			Lap Swim		Lap Swim		
10:30am			3 lanes open 10:30-11:30		3 lanes open 10:30-11:30		
11:00am			BAM		BAM		Lap Swim 10:30-1:00
11:30am			Lap Swim		Lap Swim 11:30-4:00		
12:00pm	7 lanes open 12:00-1:00 Lessons	3 lanes open		3 lanes open			
12:30pm		12:00-1:00 BAM	12:00-1:00 Lessons	12:00-1:00 BAM			
1:00pm	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00	Lap Swim 1:00-4:00		4 lanes open* 1:00-4:00 Open Swim,	4 lanes open* 1:00-4:00 Open Swim,
1:30pm							
2:00pm							
2:30pm	1:00-4:00	1:00-4:00	1:00-4:00	1:00-4:00			
2:30pm 3:00pm	1:00-4:00	1:00-4:00	1:00-4:00	1:00-4:00		Drop Slide, &	Drop Slide,
	1:00-4:00	1:00-4:00	1:00-4:00	1:00-4:00			
3:00pm					3 lanes open	Drop Slide, &	Drop Slide,
3:00pm 3:30pm	1:00-4:00 3 lanes open 4:00-5:30	1:00-4:00 3 lanes open 4:00-5:30	1:00-4:00 2 lanes open 4:00-5:30	1:00-4:00 3 lanes open 4:00-5:30	3 lanes open 4:00-5:30	Drop Slide, &	Drop Slide,
3:00pm 3:30pm 4:00pm	3 lanes open	3 lanes open	2 lanes open	3 lanes open		Drop Slide, & Diving Board Lap Swim	Drop Slide, & Diving Board
3:00pm 3:30pm 4:00pm 4:30pm	3 lanes open 4:00-5:30 BHS 5 lanes open	3 lanes open 4:00-5:30	2 lanes open 4:00-5:30	3 lanes open 4:00-5:30	4:00-5:30 BHS 6 lanes open	Drop Slide, & Diving Board	Drop Slide, & Diving Board Lap Swim
3:00pm 3:30pm 4:00pm 4:30pm 5:00pm	3 lanes open 4:00-5:30 BHS 5 lanes open ELKS/Lessons 2 lanes open	3 lanes open 4:00-5:30	2 lanes open 4:00-5:30 BHS/Lessons 4 lanes open 3 lanes open	3 lanes open 4:00-5:30	4:00-5:30 BHS 6 lanes open 5:30-6:30	Drop Slide, & Diving Board Lap Swim	Drop Slide, & Diving Board
3:00pm 3:30pm 4:00pm 4:30pm 5:00pm 5:30pm	3 lanes open 4:00-5:30 BHS 5 lanes open ELKS/Lessons	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Lessons 4 lanes open	3 lanes open 4:00-5:30 BHS	4:00-5:30 BHS 6 lanes open	Drop Slide, & Diving Board Lap Swim	Drop Slide, & Diving Board Lap Swim
3:00pm 3:30pm 4:00pm 4:30pm 5:00pm 5:30pm 6:00pm	3 lanes open 4:00-5:30 BHS 5 lanes open ELKS/Lessons 2 lanes open 6:00-7:00 BAM/Elks 6 lanes open	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Lessons 4 lanes open 3 lanes open	3 lanes open 4:00-5:30 BHS	4:00-5:30 BHS 6 lanes open 5:30-6:30 ELKS	Drop Slide, & Diving Board Lap Swim	Drop Slide, & Diving Board Lap Swim
3:00pm 3:30pm 4:00pm 4:30pm 5:00pm 5:30pm 6:00pm 6:30pm	3 lanes open 4:00-5:30 BHS 5 lanes open ELKS/Lessons 2 lanes open 6:00-7:00 BAM/Elks 6 lanes open 7:00-8:00	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Lessons 4 lanes open 3 lanes open 6:00-6:45 Lap Swim	3 lanes open 4:00-5:30 BHS	4:00-5:30 BHS 6 lanes open 5:30-6:30 ELKS	Drop Slide, & Diving Board Lap Swim 4:00-6:30 *Please note d	Drop Slide, & Diving Board Lap Swim 4:00-7:30
3:00pm 3:30pm 4:00pm 4:30pm 5:00pm 5:30pm 6:00pm 6:30pm 7:00pm	3 lanes open 4:00-5:30 BHS 5 lanes open ELKS/Lessons 2 lanes open 6:00-7:00 BAM/Elks 6 lanes open 7:00-8:00 Pre/Post Natal	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Lessons 4 lanes open 6:00-6:45	3 lanes open 4:00-5:30 BHS	4:00-5:30 BHS 6 lanes open 5:30-6:30 ELKS	Lap Swim 4:00-6:30 *Please note d listed below t	Drop Slide, & Diving Board Lap Swim 4:00-7:30 ates and times that lifeguard
3:00pm 3:30pm 4:00pm 4:30pm 5:00pm 5:30pm 6:00pm 6:30pm 7:00pm	3 lanes open 4:00-5:30 BHS 5 lanes open ELKS/Lessons 2 lanes open 6:00-7:00 BAM/Elks 6 lanes open 7:00-8:00	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Lessons 4 lanes open 3 lanes open 6:00-6:45 Lap Swim	3 lanes open 4:00-5:30 BHS	4:00-5:30 BHS 6 lanes open 5:30-6:30 ELKS	Drop Slide, & Diving Board Lap Swim 4:00-6:30 *Please note d	Drop Slide, & Diving Board Lap Swim 4:00-7:30 ates and times that lifeguard n 2 lanes during

Sat LG classes in 2 lanes 5/6 2:00-6:30, 5/13 12-6:30, 5/20 and 5/27 12-6
Sunday LG classes in 2 lanes on 5/7 and 5/14 12:00-7:30
Elks done after Friday, 5/12 and BHS done after Friday, 5/19
LG Training in 2 lanes 6:00-9:00 PM Tu 5/16 & 5/23 + Th 5/18 & 5/25,
Memorial Day Hours: Facility open 1:30-6:30PM, the pool open 1:30-6:00PM
"Lanes open" indicates lanes open to the public.